

Curriculum Vitae

Yahya Javadian

Tel: 00989111244236

E-mail: javad835@yahoo.com

BIOGRAPHICALS

EDUCATION

- 1984-1988 **BSc, Physiotherapy**
Tehran University of Medical Sciences-Iran
BSc Degree Achieved in Sep. 1988
- 1990-1992 **MSc, Physiotherapy**
Iran University of Medical Sciences-Iran
MSc Degree Achieved in Nov. 1992
- 2004-2009 **PhD, Physiotherapy**
Iran University of Medical Sciences-Iran
PhD Degree Achieved in Feb. 2009

PhD Thesis Title:

The effects of stabilizing exercises on patient's non specific chronic low back pain with signs and symptoms of lumbar segmental instability. Y javadian, H Behtash, M Akbari, M Taghipour, H zakvat

MSc Thesis Title:

The evaluation of electrodiagnostic study on facial nerve in patients with nerve facial palsy.

Y Javadian, H Ashayeri, F Azordegan

BSc Thesis Title:

Physiotherapy in lower and upper extremity amputations

Y Jvadian A Ahsani

PROFESSIONAL ACTIVITIES

- 1- Head of Private Physical Therapy Clinic
- With concentration on musculoskeletal disease & sport injuries (1995 - continue)
- 2- Assistant Professor of Physical Therapy in Babol University of Medical Sciences, Iran
- 3- Associated Professor of Physical Therapy in Babol University of Medical Sciences, Iran
- 4- Head of Physical Therapy Department in Babol Medical University, Iran
- 5- Head of Physical Therapy section at Rohani Hospital in Babol, Iran
- 6- Head of Physical Therapy section at Yahyanejhad Hospital in Babol , Iran
- 7- Adviser of Physical therapy students in Babol University of Medical Sciences, Iran
- 8- Journal Editor , Journal of Mazandaran University of Medical Science

- 9- Journal Editor, Journal of Babol University of Medical Sciences
- 10- Journal Editor of Journal of Gorgan University of Medical Science
- 11-Start up new course (Physical Therapy) in Babol University of Medical Sciences, Iran
- 12- Member of Educational Development Center in Babol University of Medical Sciences, Iran
- 13- Member of Iranian Physical Therapy Association (IPTA)

RESEARCH INTEREST:

Low back pain- Vitamin D- Elderly people- Osteoarthritis-sport injuries

PUBLICATIONS & DISSERTATION

1. Practical and Laboratory Teaching of View in Students in Babol University of Medical Sciences. **Y Javadian**, M Miri, P Karimi, Reza Alizadeh. Iranian Journal of Medical Education, Vol 2, 2002 :30-35
- 2- Medical Students' Attitudes towards the Importance of Research. **Y Javadian**, M Miri, P Karimi, Reza Alizadeh. Journal of Qazvin university of Medical sciences 2002; -(22):64-67
- 3-The effects of stabilization exercise on pain, functional disability and muscle endurance in patients suspected to lumbar segmental instability . **Y javadian**, H Behtash, M Akbari, M Taghipour, H zakvat . Journal of Mazandaran University of Medical Science, volume 18, issue 65, 2008, pages 63 – 73.
4. Reliability of Clinical Examinations in Patients with Lumbar Segmental Instability. **Y javadian**, H Behtash, M Akbari, M Taghipour, H zakvat . J Babol Univ Med Sci, volume 4, issue 10, 2008, pages 16 - 22
5. Three months follow up of two methods of exercise therapy in patients with lumbar segmental instability. **Y javadian**, H Behtash, M Akbari, M Taghipour, H zakvat. Journal of Gilan University of Medical Science, volume 69, issue 18, 2008, pages 59 - 66.
- 6- Three methods follow up of two methods of exercise therapy in treatment of patients with Lumbar segmental instability. **Y Javadian**, H Behtash, M Akbari, M Taghipour, H zakvat . Journal of Gillan University of Medical Science 2009; 69 :59-67
- 7- Effect of self assessment of the examination questions by educational groups on the quality of final exams H Mohammadi, **Y javadian**, N Nikhbakhsh, M Javanian, Z Jahanian. J Babol Univ Med Sci:12 (Supl 1) summer 2010

- 8- The effects of stabilizing exercises on pain and disability of patients with lumbar segmental instability **Yahya Javadian**, Hamid Behtash, Mohammad Akbari, Mohammad Taghipour-Darzi, Hajar Zekavat. *Journal of Back and Musculoskeletal Rehabilitation* 25 (2012) 149–155 149. DOI 10.3233/BMR-2012-0321
- 9- Auditory Screening in Infants for Early Detection of Permanent Hearing Loss in Northern Iran. Haghshenas M, Zadeh PY, **Javadian Y**, Fard HA, Delavari K, Panjaki HSA, Gorji HAMH. *Annals of Medical and Health Sciences Research* 2014; 4: 3: 340-344
- 10- Vitamin D Deficiency is Associated with Nonspecific Low Back Pain in Young Women, a Case-Control Study. Behzad Heidari, **Yahya Javadian**, Parham Heidari, Niloofar Hakimi, Karim Hajian-Tilaki, Ali Reza Firouzjahi. *British Journal of Medicine & Medical Research* 2014, 4: 5053-5061
- 11- Restorative Effect of Vitamin D Deficiency on Knee Pain and Quadriceps Muscle Strength in Knee Osteoarthritis. Behzad Heidari, **Yahya Javadian**, Mansour Babaei, Behnaz Yousef Ghahari. *Acta Med Iran* 2015; 53(8): 466-470
- 12- Vitamin D status and distribution in patients with chronic obstructive pulmonary disease versus healthy controls. Heidari B, **Javadian Y**, Monadi M, Dankob Y, Firouzjahi A. *Caspian J Intern Med* 2015; 6: 93-97
- 13- Influence of core stability exercise on lumbar vertebral instability in patients presented with chronic low back pain: A randomized clinical trial. **Javadian Y**, Akbari M, Talebi G, Mohammad Taghipour-Darzi, Naser Janmohammadi. *Caspian J Intern Med* 2015; 6: 98-102
- 14- Factors affecting bone mineral density in postmenopausal women. Behzad Heidari, Reza Hosseini, **Yahya Javadian**, Ali Bijani, Mohammad Hassan Sateri, Haj Ghorban Nouroddini. *Arch Osteoporos* (2015) 10:15 DOI 10.1007/s11657-015-0217-4
- 15- Impact of treatment with inhaled corticosteroids on bone mineral density of patients with asthma: related with age M. Monadi, **Y. Javadian**, M. Cheraghi, B. Heidari, M. Amiri. *Osteoporos Int.* 2015 Jul; 26(7)
- 16- Treatment of refractory arthritis with intra-articular methotrexate, a report of four cases. Heidari B, **Javadian Y**. (2015), <http://dx.doi.org/10.1016/j.injr.2015.04.006>
- 17- Quadriceps muscle strength correlates with serum vitamin D and knee pain in knee osteoarthritis. Quadriceps strength and vitamin D in knee osteoarthritis. **Yahya Javadian**, Marzieh Adabi, Behzad Heidari, Mansour Babaei, Alireza, Firouzjahi, Behnaz Yosef Ghahhari, Karim Hajian-Tilaki. *Clin J Pain.* 2017; 33: 67-70
- 18- The role of quadriceps muscle strength in the development of falls in the elderly people, A cross-sectional study. Alijan Ahmadihangar, **Yahya Javadian**, Behzad Heidari, Mansour Babaei, Seyesreza Hosseini, Mohammad Aminzadeh. *Chiropractic & Manual Therapies journal* 2018. **26 (1), 1-6**
- 19- Manual therapy in the treatment of carpal tunnel syndrome in diabetic patients: A randomized clinical trial GA Talebi, P Saadat, Y Javadian, M Taghipour. *Caspian journal of internal medicine*, 2018; **9 (3), 283**

20- Correlation between systemic markers of inflammation and local synovitis in knee osteoarthritis. Mansour Babaei, **Yahya Javadian**, Hossein Narimani, Mohammad Ranaei, Behezad Heidari, Hossein Basereh, Hemat Gholinia, Alireza Firouzjahi. *Caspian Journal of Internal Medicine*(2019); 10 (4), 383

21- Comparison of two manual therapy techniques in patients with carpal tunnel syndrome: A randomized clinical trial. GA Talebi, P Saadat, Y Javadian, M Taghipour. *Caspian Journal of Internal Medicine*(2020); 11 (2), 163

Presentation:

- 1- **Javadian Y, Heidari B, Babaei M et al.** *Relationship between knee pain and radiographic changes with quadriceps muscles strength in patients with knee osteoarthritis.* **10th Congress of the European Federation of Pain, EFIC – Copenhagen, Denmark 6 – 9 September, 2017**
- 2- **Javadian Y.** *13th international congress in nursing informatics, 26-29 June 2016, Geneva, Switzerland.*
- 3- **Javadian Y, Heidari B, Babaei M et al .** *The relationship between knee pain intensity and vitamin D in knee.* **9th Congress of the European Pain Federation EFIC. Vienna, Austria 2- 5 September 2015.**
- 4- **Javadian Y,** Behtash H, Akbari M, Taghipour M, Zakvat H, **The effect of stabilizing exercises on lumbar segmental translation and angulations in patients with lumbar segmental instability ,**18th European Congress of Physical & Rehabilitation Medicine , *Thessaloniki, Greece 2012*
- 5- **Javadian Y,** Behtash H, Akbari M, Taghipour M, Zakvat H. ***The effect of stabilizing exercises plus routine exercises in comparison with routine exercises on clinical signs and symptoms, lumbar segmental translation and angulations in patients with lumbar segmental instability.***7th world low back pain congress , *USA 2010*
- 6- **Javadian Y,** Behtash H, Akbari M, Taghipour M, Zakvat H . **The effect of two types exercise therapy on lumbar segmental instability ,** 22nd Iranian Physiotherapy Association Congress, *Iran 2010*
- 7- **Javadian Y,** Behtash H, Akbari M, Taghipour M, Zakvat H . **Reliability of clinical examination in patients chronic Non Specific Low Back Pain with Signs and Symptoms of Lumbar Segmental Instability.** *Congress of Low Back Pain, Tehran University of Medical Sciences, Iran 2010*
- 8- **Javadian Y, Jahanian I, Javanian M. Medical Education.** *Congress of Medical Education, Shiraz University of Medical Sciences. May 2009, Iran.*
- 9- **Javadian Y,** Behtash H, Akbari M, Taghipour M, Zakvat H. ***The effect of stabilizing exercises on pain , muscle endurance and functional disability in patients with signs and symptoms of lumbar segmental instability ,*** Iranian Physiotherapy Association Congress , **Iran 2009**
- 10- **Javadian Y,** Miri M, Karimi P, Alizadeh R. **Medical Education,** 6th Congress of Medical Education *Shiraz University of Medical Sciences. Feb 2005*
- 11- **Javadian Y. Physioterapy in ACL Reconstruction.**1st Congress of Musculoskeletal Diseases, *Tehran University of Medical Sciences. 1998 , Iran*
- 12- **Javadian Y,** Ashayeri H, Azordegan F. **The Evaluation of Electrodiagnostic Facial Nerve in 28 patients with Facial Nerve Palsy** Iranian Physiotherapy Association Congress, *Tehran, Iran. 1998 (Poster Presentation), 6th*
- 13- **Javadian Y,** Ashayeri H, Azordegan F. **The Evaluation of Electrodiagnostic Facial Nerve in 62 normal subject** Iranian Physiotherapy Association Congress, *Tehran, Iran. 1999 (Poster Presentation), 6st*

INVITED SPEAKER :

- Work shop of examination questions designing for faculty members of Babol University of Medical Sciences,
- Work shop of lesson plan for faculty members of Babol University of Medical Sciences, Iran
- Work shop of basic medical education method for new residents of the Babol University of Medical Sciences,
- Continues Education of upper extremity Biomechanics for Physiotherapists of Mazandaran, Iran
- Work shop of examination questions designing for factuality members of Babol University of Medical Sciences, Iran
- Work shop of lesson plan for faculty members of Babol Medical University
- Work shop of basic medical education method for new residents of the Babol University of Medical Sciences,
- Continues education of Electrotherapy for Physiotherapists of Mazandaran State

TEACHING:

Department of Physiotherapy, Iran - Babol University of Medical Sciences, Iran(for BSc &MS students)

- Physiotherapy in Cardiopulmonary Disease
- Electrotherapy 1 – thermotherapy
- Clinical Education of Physiotherapy- Sport injuries
- Electrotherapy 2 – Electrical Stimulation in Muscle and Nerve
- Muscle testing
- Clinical Education of Physiotherapy-Sport injuries

Books:

- 1- **Biomechanics of upper limb.** *Ghadamali Talebi, Mohammad Taghipour, Yahya Javadian. Pegah Publications. Iran, 2017.*
- 2- **2- Biomechanics of lower limb.** *Ghadamali Talebi, Mohammad Taghipour, Yahya Javadian. 2017, Pegah Publications. Iran, 2017*

Citations:

Cited by (Google scholar)

	All	Since 2015
<u>Citations</u>	429	394
<u>h-index</u>	12	12
<u>i10-index</u>	14	13

Total citations (Scopus):

156 by 135 documents

h-index: 7

